Year 5 students will be attending Camp Manyung at Mt Elisa on the 28th to the 30th November 2012.

Camp Manyung offers a wide range of exciting ‘challenge by choice’ adventure activities that encourage the children to reach personal goals and take part in amazing activities with the support and encouragement from the fully trained YMCA staff, KPS staff and their peers.

Some of the activities the students may be taking part in are:

**Giant Swing**
Soar high or enjoy a gentle swing whilst capturing a bird’s eye view across Port Phillip Bay. This is a challenge by choice activity where participants are encouraged to move outside their comfort zone. Each participant is harnessed and hauled into the air, by their team. Once at the desired height, participants will pull the release cord to send themselves swinging.

**Flying Fox**
This 120 metre long aerial runway provides a thrilling end to the high ropes course or can be enjoyed as a separate activity in itself.

**Vertical Challenge**
This 18m high obstacle course consists of 5 different elements designed to challenge the individual. Two participants climb side by side supporting each other through each challenging element, whilst belayed by the group on the ground. Activity focus is on teamwork and trust.
**Beach Education Program**
As qualified Surf Life Savers, YMCA instructors will teach the group about the beach environment and beach safety. Participants will also be fitted with wetsuits and taught the correct paddling skills for Boogie Boarding, Nipper Boarding and Surf Skiing, as per Life Saving Victoria Nipper Program.

**Snorkelling**
Participants will explore marine life on a shallow reef at Sunnyside Beach. Snorkelling skills will be taught and all participants will be equipped with wetsuits, masks, snorkels, fins and kick boards.

**Raft Making**
Groups are presented with ropes, logs, barrels and some basic tips and information on raft building. Participants must work together in teams to construct a raft, which is launched on the water at the end of the activity.

On the last day we will be setting off on a Coastal Walk to Mornington where we will have a picnic in the park before we drive home.